

SHAWCO Annual Report 2003

SHAWCO and UCT to pay tribute to Dr Selzer

This year SHAWCO marks 60 years of service to underprivileged communities in and around Cape Town. SHAWCO started in 1943 as a medical intervention in one community by Andrew Kinnear, who was a UCT medical student at the time. His plan was turned into a working reality by Dr Golda Selzer, a pathologist at the Groote Schuur Hospital and a well-known and highly respected figure in the UCT community.

For many years SHAWCO played an important role as a welfare and relief organisation, providing basic medical care, emergency help, food and blankets, as well as other social services in a growing number of communities.

After a strategic shift in focus in 1998, SHAWCO has been concentrating on developing a skills and power transfer model of interventions, primarily aimed at youth. However, its role as a provider of health services remains very important.

This shift is extremely important because it will facilitate a much more effective partnership between SHAWCO and the UCT Faculty of Health Sciences, thus increasing SHAWCO's capacity to deliver health care to developing communities. This plan is strongly supported by the Chair of Primary Health Care, Prof. Jimmy Volmink. It will also involve a transfer of skills, knowledge and power to individuals, while having a strong focus on community-based education and research for UCT medical students, bringing them much closer to the reality of the conditions that exist in so many communities in South Africa.

At the same time, SHAWCO and UCT are planning to commemorate the contribution and dedication of the late Dr Golda Selzer, who was instrumental in helping Andrew Kinnear start the very first student clinic in Windemere in July 1943.

Dr Selzer, together with her husband, Professor Frank Forman, was a vital force in laying the foundations of the UCT Medical School - those foundations that took the school to a position of international eminence and saw many of its graduates take up leading positions in medicine in South Africa and throughout the world. In addition Dr Selzer was the force and inspiration behind SHAWCO. She remained a staunch supporter of SHAWCO and its aims throughout her life. The UCT and SHAWCO are convinced that a Golda Selzer Commemorative Appeal, to raise money for SHAWCO's new comprehensive health plan, will be the best way to pay tribute to this remarkable woman, who dedicated her life not only to medicine, but also to helping underprivileged, marginalized and disadvantaged communities and individuals. She would have been proud to see a health programme unfold that not only provides an essential service to the communities, but also empowers them to take control of their own health issues and needs.

At present SHAWCO offers the following health services:

- Mobile health clinics in five communities:
- Occasional mobile clinics at an orphanage for disabled children and at the SHAWCO adult Day Care Service centres for older and disabled people.
- Occupational Therapy services of a part-time professional Occupational Therapist and groups of Occupational Therapy students.

Although the services provided by SHAWCO are very important and valuable, they remain separated and unconnected to any larger programme or intervention, which would increase their value and usefulness to the communities concerned.

The Golda Selzer Commemorative Appeal is designed to redress this. It will enable SHAWCO and the UCT Department of Primary Health to:

- Commemorate this remarkable woman who made such an enormous contribution to SHAWCO and UCT;
- Raise R16m for the development of a Primary Health Programme incorporating:
 - Community-based learning and research for health sciences students
 - Holistic health services for disadvantaged communities, especially in Khayelitsha, incorporating the mobile health clinics initiative
 - HIV/AIDS awareness and home-based care for those infected or affected by the virus
 - Expansion of the adult day care service for older and disabled people.

We are appealing to all UCT alumni to help SHAWCO and UCT achieve the goal of providing a health service that Dr Selzer would have been proud of: one that will bring both SHAWCO and the UCT Faculty of Health Sciences so much closer to their common goal of providing a service that benefits both the people who need it, and the students who help to provide it, while promoting UCT's and SHAWCO's greater involvement in community development.

CHAIRMAN'S REVIEW

It's been six months since I took over as Chairman of the SHAWCO Board from my predecessor, Prof Nikki Padayachee, who very ably guided SHAWCO for the last year and half. Students and the community would like to thank him for the good work he has done.

The six months have not been without problems and difficulties, with several staff members resigning and SHAWCO financial position not being as healthy as it was last year. However, I firmly believe that SHAWCO is on the right track and that it will only go from strength to strength, providing essential services to our partner communities and giving students an opportunity to share their skills and knowledge with those who are less privileged. SHAWCO has a very dedicated, competent team of staff and volunteers who will ensure its future for the benefit of our communities.

As the Chairperson of the Board and my team, we have been able to develop a shared vision and a programme of action, which we have enthusiastically followed, to ensure that SHAWCO, UCT and the communities we serve benefit from our interventions. My plan is:

- To bring SHAWCO back to the central stage at UCT in order to make sure that all SHAWCO students and staff fully benefit from the resources available at the university;
- To consolidate existing SHAWCO projects in order to make sure that they all fall within the SHAWCO Mission and Vision Statement;
- Interest more students in the activities of SHAWCO and promote social responsibility within UCT.
- Expand core SHAWCO Youth Development and Primary Health projects;
- Increase the Service Learning component of SHAWCO interventions; and

- Take an active part in the Golda Selzer Commemorative Fund appeal aimed at raising R16 million for the expansion of SHAWCO's Primary Health programmes as a way of commemorating the contribution of Dr Selzer to both SHAWCO and UCT.

I believe that there is great scope for closer cooperation between SHAWCO and other student initiatives, such as SHARP (which used to be part of SHAWCO), and various other societies, clubs and projects. Together we can achieve a lot more.

In conclusion I would like to thank Glenn Truran, the outgoing Director of SHAWCO, for the seven years of service to the organisation. We wish him well at his new post in PASASA (Paraffin Safety Association of South Africa). My thanks also go to Prof. Leon Kritzinger, our honorary treasurer, who once again guided SHAWCO finance department and Board through the minefield of budgeting and financial management. His help is invaluable. I would also like to thank this year's student leaders: Julia Cloete, Nischal Baschu, Putu Madisha, Audre Wolfaardt and Boitumelo Sebambo who did a magnificent work. They were a wonderful, dynamic team and a great asset to the SHAWCO staff. They were at all times a source of inspiration to other young leaders.

I am looking forward to our new group of student leaders who will take the reigns of leaderships, and to the challenges that all of us will face in developing and guiding SHAWCO into an excellent student-run service-learning organisation. The challenge will become more exciting as we walk the road of taking UCT to the community through SHAWCO.

Dr Benito Khotseng
Deputy Vice-Chancellor, Chairman of the SHAWCO Board

PRESIDENTS' REPORT

Presidency 2002/3 has been an emotional roller coaster at times placing one in the anguish of defeat and then instantaneously thrusting into the exhilaration of a breakthrough. In most years you can comment that everyone held on strongly to each other and we all made it through together and are better off for it; 2002/3 was not such a year. However those who were there from beginning to the end will agree with us that SHAWCO is in a better place, and both we and our stakeholders are better off for it.

The 2002/3 Presidents' team represented by Julia Cloete, Nischal Bachu, Boitumelo Sebambo, Audré Wolfaardt, Putukwane Madisha and our confidant, guide, mother, the irrepressible Angela Mias, has played an integral part in SHAWCO development over the past year. An improved project finance system, involvement in the 60-year exhibition, a new interview programme, improved project support, better staff and RAG relations, and a more empowered and active Board have been just some of the highlights of the year.

Over the past year we managed to undergo a lot of radical changes. The first change started with the Presidents' team structure: we went from having three wonderful yet highly overworked members to five just as overworked students plus a sabbatical position. Then came the change of the SHAWCO leadership teams themselves. With clear guidance from our predecessors we attacked the New Year with a mind to celebrate 60 years of touching lives in the communities we serve. In order to achieve this we made our theme for the year "**Seasons of the 60s**" and kicked it off with the **Summer of Love**, and a whole lot of loving it was. We loved our way over jammie plaza during O-Week and managed to recruit approximately 350 keen and enthusiastic student volunteers. All enjoyed the induction and we managed to get motivated students committed to dedicated service.

The **Autumn of Change** came with just that, change! We saw numerous members of staff changing and moving on, which left us at the beginning of a new era.

Although we are still deeply imbedded in the transition phase, it seems as though we have managed to outwit the elements and dive straight into the **Spring of New Life**. The budding new life represented by SHAWCO's new staff and student leadership seems willing and able to set the stage alight in the 2003/4 year.

The SHAWCO Presidents' team would like to thank the staff and students for making our year memorable and thoroughly enjoyable.

Julia Cloete, Nischal Bachu, Boitumelo Sebambo, Audré Wolfaard, Putukwane Madisha

OUTGOING DIRECTOR'S REPORT

Dear donors, volunteers, colleagues and friends,

It is with great sadness that I bid you farewell in my capacity as director of SHAWCO. I take up the position of General Manager for the Paraffin Safety Association of Southern Africa (PASASA) where I hope to make a meaningful contribution to the reduction of accidents and injuries related with the use of paraffin for domestic energy.

During this year I have sensed that what I am able to do at SHAWCO has been done and that it would be in everyone's interest to make way for new talent, initiatives and dynamics. There has been a recent infusion of new blood within the organisation, not the least of which has been Dr Benito Khotseng, the chairman of the board and Deputy Vice Chancellor at UCT responsible for student affairs. I leave the organisation knowing that it is in his and the SHAWCO team's capable hands. Further to this, considerable efforts have been made this year to ensure that institutional memory loss is reduced through improvements in writing of reports, Standard Operating Procedures, Policies and training in the application of this information. The concept of continuous improvement is underpinning what SHAWCO is doing.

A new director will be appointed before you have an opportunity to read this and a contingency plan is in place to ensure that no responsibility is neglected until she/he is able to take up office. In interim, the SHAWCO management team, including Greg Becker, a RAG and UCT Alumnus who is playing a caretaker role, show increasing signs of initiative, motivation and focus on the important issues in SHAWCO. I am confident in their ability to keep improving SHAWCO's functioning and outputs.

I am very sad that I will not be around to be a part of bringing to fruition plans we have initiated to strongly develop SHAWCO's contribution to health care and youth development in the communities we serve. It also seems apparent that the University of Cape Town will increase its involvement in SHAWCO in coming years as there is a growing recognition of the contribution this involvement can make toward service delivery in communities, community development, student community based learning and research that has a direct benefit to the communities we serve. The Golda Selzer Memorial Appeal will spearhead SHAWCO's expansion into primary health care service, which by definition, translates into community development and empowerment.

In my time at SHAWCO I have constantly been amazed at the feedback from volunteer alumni about the positive impact their engagement in SHAWCO had on their lives. Now, leaving SHAWCO myself, I realised that I have grown and benefited immensely. It is encouraging to note

that the by-product of competency (perspective, skills and experience development) in alumni who generally take the lion's share of decision-making in work places ensures that the benefit of SHAWCO is immeasurable and invaluable.

I will sorely miss colleagues and volunteers from the student body and the community who give of themselves selflessly for the benefit of others.

Yours Sincerely

Glenn Truran, Outgoing Director

VOLUNTEERS' PERSPECTIVE

RAG REPORT

“Life is only truly fulfilled by the giving to others”

Anon

Over the past year RAG has seen many changes in its focus and events. Previously, we were only known as an organization that held parties for UCT students, we have since grown to become more professional in our outlook and more devoted to the UCT students.

Our projects have had an immense face-lift. We have attempted to move forward with the changing times and involve the students to a more marked degree. Certain projects have been eliminated from our program due to the fact that they have lost popularity with the UCT students and the public at large. On the other hand, we have focused on producing professional, well-structured and organized events. This has resulted in a new look for the Big Bash, Fashion Show and the Golf Day.

As a result of the hard work contributed by the RAG members, we decided to run a development program in September with Accenture and the Careers Office. The aim of this program is to give something tangible to the committee members, this being the knowledge of how to use their skills gained on RAG. The success of this event will be up to the students.

On a personal level, this past year has been an intense challenge for me and I have gained not only skills but also a great number of friends. RAG is still a very popular organization that has strong beliefs and I hope that in 10 years time RAG will be bigger than anything I can imagine.

Alasdair Kelly, RAG Chair 2003

SHAWCO volunteers have their say.

“Being part of Masizikhulise has taught me invaluable lessons about leadership, social responsibility and so many other things they sometimes neglect to teach in lectures. Joining a project is probably one of the best things you can do for yourself in your short university career, you won't regret it, believe me, I know!”

Gugu Mdladla, Masizikhulise student volunteer 2003

“I think that being in SHAWCO is my small way of influencing my immediate environment! In a world where war, violence, crime and poverty are rife it is important to be involved in initiatives that uplift and empower those not as fortunate as ourselves. It is also a good learning tool in terms

of skills learnt, interacting with different people from all kinds of backgrounds and being involved and committed to something of this nature is a good tool for self-growth!"

Zoleka Lisa, Masizikhulise student volunteer 2003

" We were active in SHAWCO in the late 1950's and early 1960's. That was a time when apartheid was tightening its grip on the country and the government was forcing it onto the Universities as well. We both started as student volunteers in the field and later served on the SHAWCO Board. Even though social and racial tensions were becoming sharper and sharper everywhere else, none of those we tried to help in the townships ever doubted the sincerity and good faith of the student volunteers. They felt instinctively that SHAWCO's main driving force was the expression of a common humanity, and appreciated particularly that this drive came from successive generations of young people prepared to take responsibility for doing what they knew was right. What we were able to do for the victims of apartheid was little enough, and sometimes we felt it might be doing more for us than for them, but the experience has stayed with us vividly over the years, as we developed our different lives and careers in different countries."

Sir Franklin Berman, Robert Berman

[Robert Berman is a Harvard Business School graduate and runs his own manufacturing company in California; Franklin Berman is a Rhodes Scholar and retired British diplomat who now practices law and teaches international law at Oxford and UCT]

VOLUNTEER COORDINATOR'S REPORT

This year has been a major improvement on last year in terms of managing processes at this end of the SHAWCO stick. There could be three reasons to explain this phenomenon: the first being that it is my second year with the organisation and I was able to reflect on last year's experience which has placed me in a better position to make informed decisions around strategic planning. Secondly, the presidents and I have worked very well together as a team, supporting each other on all tasks. It has been an absolute pleasure working with them throughout this period. The third reason is that having had a sabbatical president made a huge difference in terms of getting things done. Julia has been able to address certain issues, which would otherwise never have been attended to if she had not been on sabbatical. Being the president of SHAWCO is extremely demanding and trying to create some sort of balance between driving this position and being a full time student is not easy. Above all, the experience that Julia has gained during the past year is priceless.

Angela Mias, Volunteer Coordinator

HEALTH REPORT

As SHAWCO's oldest project, Health continues to provide an accessible health care service to various disadvantaged communities in the Cape Metropolitan area. Five clinics operate from either permanent structures (Noordhoek and Zibonele) or our mobile clinic (Brown's Farm, Joe Slovo and New Rest), on three nights of the week. These clinics are reliant on the participation of doctors, students and community health workers in order to operate.

Each clinic involves a team of four clinical students attending to patients and four pre-clinical students recording statistics and learning examination skills, all under the supervision of a registered doctor. The clinics are further facilitated by community health workers, who assist with translation and act as a vital link between SHAWCO and the communities, advertising clinics and identifying current concerns specific to their communities.

From February to October 2,005 patients were seen. While the clinics are currently of a curative nature, screening and health education programmes are being introduced to fulfil a primary health care approach.

In conclusion we would like to thank our main sponsor the Carl and Emily Fuchs Foundation and all volunteering students and doctors, without whom we would we would not have been able to provide this service.

Clinic	No. of Clinics	No. of Patients
Noordhoek	25	216
New Rest	60	392
Brown's Farm	20	333
Joe Slovo	40	626
Zibonele	20	138
Total	165	2005

Kim Berril and Britta Dedekind, Health Project Student Leaders

OCCUPATIONAL THERAPY REPORT

During the year many occupational therapy students have been placed for fieldwork or service learning at the various SHAWCO sites. Khayelitsha and Kensington have had 2 students in each of the three blocks, which have ranged from 6 to 10 weeks in total, while Nyanga and Golden Girls have had 2 groups of 4 students for 4 weeks. Two final year students from UWC have been placed for the whole of 2003 at SHAWCO, which is an exciting development. They will also be executing a research project on an aspect of Masizikhulise during this time. Three groups of Second years carried out Community Awareness Projects at SHAWCO sites, one at Khayelitsha, one with Vroue Groei Saam and at Golden Girls, delivering helpful and vital pamphlets for the enhancement of the lives of the members of the groups.

To open our doors to all within a community we have changed the name of the Senior Clubs to Adult Day Care Centres, making our services accessible to all disabled and elderly persons. Few health services exist in the communities and very few occupational therapists are working there, so we have provided some uniqueness to these members, giving them added attention to their occupations of daily living.

Without the assistance of the staff, volunteers and occupational therapy students of the University of Cape Town and the Western Cape, who do their fieldwork or service learning at our SHAWCO sites, I would not have been able to increase the membership and attendance figures of the Adult Day Care Centres and change or modify the programmes of these Centres and that of Masizikhulise and Golden Girls for the better.

Hanske Flieringa, Occupational Therapist

KHAYELITSHA (K2) CENTRE managed by Thobelani Tshalane

Centre report

When I joined SHAWCO earlier this year, I was informed about the Community Centre Committee, which had become non-active for some time, which needed to be revived. It was a challenge

because they had lost interest for some reason, but now we are able to consult with them. We are also in good relationship with the Ward 24 councillor who helps a great deal to network the centre. We are in consultation with the Khayelitsha Development Forum for the wetland project. We have made strides to accommodate the new Youth Organisation at H-section of Khayelitsha to hold their meetings at our centre. The Khayelitsha Music Organisation has also found home in holding their events at the centre. There are two churches and four burial societies that use our centre every weekend. We are about to show videos on weekend afternoons (Fridays and Saturdays) for children. The community sees the centre as a very important tool to educate their children through UCT student-driven projects like STEP, Stepping out, Community Histories, Masifundisane and the IT project. Noxolo Adult Day Care Club has remained active during this winter when in previous winters the membership used to decline. The only really negative news is the theft of two of the SHAWCO buses. Fortunately SHAWCO was able to replace one of them with a grant from the National Lotteries Distribution Trust Fund. The bus is used every day by the Noxolo club.

Thobelani Tshalane, K2 Centre Manager

Caretaker's view

"I open the centre every day at 7h45. I then clean the toilets, so that the people can live in a clean, safe and healthy environment. I have also been requested to look after the vegetable garden of the Noxolo Adult Day Care Centre. The garden is looking healthy and one of these days we will be able to reap the benefits...eat the vegetables that we have grown ourselves. As I am young and strong I assist the ladies in the Library sorting out the heavy books and boxes. I also help the Occupational Therapist with the carrying out of her chores. I also open for the SHAWCO UCT student volunteers, when they are at the centre.

I enjoy my job as Caretaker very much because I get the opportunity to work and communicate with different people. My dream is to become a driver for SHAWCO and I am a step closer as I recently obtained my driver's license."

Mxolisi Mazwi, K2 Centre Caretaker

(As told to Hanske Flieringa, SHAWCO OT Supervisor and Lizzie Gundwana, Noxolo Club Support Officer)

Student Tutoring and Education Project (STEP)

The Khayelitsha SHAWCO Students' Tutoring and Education Project (STEP) has continued building on the strong foundations laid in previous years, to run an effective programme for primary school learners, aiming to encourage a culture of enthusiasm for learning, promote the full development of human potential and educate for life. We have a large volunteer base of 80 tutors who go out every week, and 100 learners who take part in the project. This year our themes have included "The Environment", "Health and the Human Body" and "Trade, Exchange and the Community", to name just a few. The highlights of the year so far have been the annual camp for the grade 6 and 7 learners, where they spend a weekend away in Villiersdorp, experiencing the beauty of the environment first hand, an excursion to the Iziko Museum in the Gardens and a Market Day. Each of these events was characterised by the enthusiasm and the excitement of the learners, which is definitely infectious! Though we hope to pass on some of our knowledge and experience, as students we find again and again, that we learn so much from the learners themselves, making it an incredibly rewarding project.

Ros Skelton, STEP K2 Student Project Leader

Stepping Out

Stepping Out spent the period between March 2002 and April 2003 establishing and consolidating its position within the SHAWCO organisation, within the education sector and within the Khayelitsha centre and community. We have operated successfully delivering life skills-based workshops, outings and events once a week for twenty learners during this period. In our workshops we explored the following themes and life skills: self-concept, goal setting, decision-making, entrepreneurship, environmental education, human rights and leadership. For excursions we travelled to the RAG parade, the Step Camp, the Holocaust Centre, the Castle, Hout Bay and Tokai Forest. Events included partnerships with Step and Beau Soleil for Mural Day and Ifiyoli. In 2003, in partnership with SHAWCO IT, we provided the Stepping Out Alumni with workshops focussing on basic and practical computer skills. By the end of 2002 we had a group of learners who were resourceful, confident, critical, empathetic and driven. These results are not only due to Stepping Out's impact but also perhaps more importantly due to the partnership of learners, teachers, parents, facilitators and SHAWCO centre staff in a collaborative effort. We consider Stepping Out to be a young, dynamic project with great potential for creating a sizeable impact within the lives of its participants and so ultimately the communities in which it operates.

Tristan Görgens, BSocSci second year, Stepping Out Project Leader

Community Histories Project

Making a difference has been the theme and the vision of the project over the last few months. We have taken on this challenge and have attempted to change the attitudes and broaden the thinking of our participants. It has been a tough journey, which is far from complete, but it has been an inspiring one.

In the period under review we have tackled the theme of HIV/AIDS with the participants assisted by SHARP. They came in and ran a workshop on AIDS that proved rather controversial with the learners. The learners did not appreciate the explicitness of the facilitator, which was interesting. The workshop was consolidated by another session where the topic was discussed in smaller groups with the volunteers. Finally the kids were invited to write an article on the topic for the magazine that will be published at year-end. The publication will be a compilation on the issues discussed throughout the year.

Example of participants' writing:

"In our community people have come out with a new way of reducing crime. They came out with what they call patrolling at night. The taxi drivers want everyone to be home by 9 at night and if they catch you hanging around at night you gonna be beaten like hell.

The taxi drivers have a negative and positive side. It is good because it has decreased the community criminals and gangsters. Now crime is reduced. Taxi drivers are trying to fight for us because there is a lot of violence and crime in Khayelitsha and it's out of our hands.

But the way they are doing, it's not good, because they are beating innocent people. They don't ask first why you are out - they just beat you up. Even if you are coming from work or if you are a woman going outside to the shop they will beat you. We can't walk at night because we are afraid to get beaten up. They are saying they are stopping violence; meanwhile they are the ones that are violent. We don't enjoy ourselves any more. It's like Iraq here in Khayelitsha. They are taking the law into their hands and the police are doing nothing about it.

*To all taxi drivers: You must search people first. First ask before beating. Please try something else. We want you to drive taxis for us, not beat us up. Try to understand that we cannot live like this. The taxi drivers should sit down and talk with the communities and the police. The police should take a responsibility for this problem. **We know that you are trying to help, but violence cannot break violence.***

Alicia Louw, Student Project Leader

Information And Communication Technology (ICT) Centre

SHAWCO IT began operating fully in 2002. We started tutoring high school learners from the schools surrounding the centre in Khayelitsha. We recruited approximately 50 student volunteers in 2002 and approximately 60 in 2003. Many of the volunteers that we recruited in 2003 were visiting international students from universities abroad.

When we started tutoring, we discovered that most of the learners had never encountered computers before. Therefore, we had to start from the very beginning by introducing the very basics to them. The learners were mainly grade 6 and grade 7 learners. Many of them lived far away from the centre although they attended school near the centre. This resulted in a poor attendance record, as they would sometimes rush out from school straight home. Therefore, at the start of 2003 we decided to focus on the older learners, as they would value the experience more. We found that the high school learners had a clearer vision as to where they wanted to go with computing and how computers might benefit them in their lives. This year our high school learners wrote their very first practical exam, which 75 % of them passed. We have also seen an incredible improvement in terms of class attendance as both the learners and the volunteers are very committed to the classes that we hold.

Nobukhosi Dlamini, 3rd year in BSc Computer Science, Student Project Leader 2003

Library

Our aim is to promote the culture of reading skill amongst the Khayelitsha children and the community. In the past we used to be a non-lending library but as from this year we have established a new system lending our users books. We also assist the surrounding primary schools and high schools in their school projects. We will be happy if each child is able to use the library and search for the information in our encyclopaedia and books of knowledge. This year we decided that the library must focus on school projects because we have reference books. The number of adult library users has also increased because we have newspapers, and they come and look for the job opportunities.

Esther Zulu, Librarian

Masifundisane: Environmental Awareness, Food Gardening and Wetlands.

Food Gardening and Environmental Awareness

The 2002/2003 has been a year filled with quite a number of developments in the Masifundisane Project. The beginning of the year saw the introduction of a well-structured curriculum (Environmental Awareness) for the year, with topics covering aspects that were more relevant to Cape Town Metropolitan. The two schools that the project was operating in, were Joe Slovo and Masiyle (both High Schools), the two-year term with Joe Slovo came to an end and a new school for 2003 had to be selected. Evaluations at Joe Slovo indicated that there had been a positive change

in the attitude that students had developed towards the environment ever since the project arrived. Some students (with the aid of interested parents) had been running the Food Gardening Project quite well – selling some vegetables to the Khayelitsha community. Profits made were used to buy more seeds in order to make the Food Gardening to keep on going. In addition to further increase environmental awareness, the end of the year saw the introduction of the long awaited Wetlands project.

Wetlands

At the end of 2002 the Wetlands project was activated to become part of Masifundisane project. In 2003, planning has been a major activity in the project as it involves a great amount of capital spending. Appropriate research has been conducted; relevant contacts were approached for relevant advice. The Wetlands project's aim among many others is to make the learning activity practical for all Khayelitsha students who will be involved in SHAWCO projects that operate in Khayelitsha. Community meetings have been held informing the community about the proposal. Implementation of physical activity is expected to commence mid- August – after the lease agreement is confirmed.

Lutendo Ramuedzisi, Student Project Leader

Noxolo Adult Day Care Club

We having different programmes every day from Monday to Friday and we make sure that this programme assists people in changing their lives. For example we had a guest speaker from the parliament who gave us information on what adults can do if they receive bad treatment at a clinic, from social services, police stations, housing department and other places that are supposed to assist them. We also have different talks on health issues because we want adults to take control of their health. We also want them to take control of social issues in their lives. We also make sure that street committees assist adults in a positive manner, and we assist them by organizing training for Khayelitsha stakeholders. We also have Occupational Therapy students who are assisting our members by bringing more information from UCT.

Lizzie Gundwana, Noxolo Adult Day Care Club Support Officer

NYANGA CENTRE managed by Kholiswa Ngonzo

SHAWCO Nyanga Centre is involved in 3 projects: Masizikhulise, Meals-on-Wheels and Partnerships with the community. This centre has 6 community volunteers who play different roles in different projects: receptionist, Meals-on-Wheels assistant, Masizikhulise project assistant, cook assistant, hopper, and cleaner. Three of them found jobs in different fields. This centre has 40 UCT student volunteers (local and international) and 4 occupational therapy students from UWC. SHAWCO is working on a partnership with Nyanga RDP Forum, City of Cape Town as well as Department of Social Services on the following partnerships:

- Running an adult day care service centre for the aged as well as people with disabilities.
- Administering funds for Nyanga Home Carers Programmes.

Masizikhulise

SHAWCO is involved in a project to help unemployed women with children who are sick. Masizikhulise means “**Let Us Help Each Other Grow**”. The aim of the project is to enable young unemployed women / mothers with children at risk to take control of their lives. Mothers are taught different skills: beadwork, business, baking, card -making, sewing as well as life-skills. These programmes are run by UCT student volunteers, UWC OT students, as well as staff.

With the help of occupational therapy students we have made a small difference to the lives of the participants and their children. A developmental assessment form and kit were made in order to assess the children of the young unemployed mothers and to give guidance and support to those in need. All children were assessed and the necessary advice was provided on how to eradicate any detected developmental delay. Mothers were also taught skills of a more creative and entrepreneurial nature providing different ideas than those of the student volunteers involved in the project. Two final year students of the University of the Western Cape commenced their year service learning at Nyanga looking at empowering the lives of these mothers. They have also decided to do their research project at Masizikhulise assisting SHAWCO to improve the services to the community. We await the results in September 2003.

Meals-on-wheels

66 Warm balanced and nutritious meals are provided on a daily basis by Eunice Alexander and her 3 volunteers. The menu is changed on a two-weekly basis and variation is the key issue. These meals are efficiently delivered from Monday to Friday to both elderly and disabled members within the Nyanga community. The occupational therapist together with a community volunteer completed the survey to assess the various needs of the members. This survey was rather time consuming and it is hoped that it will be constantly updated with the assistance of a volunteer, who will be guided by the therapist to ensure that SHAWCO is aware of problems that lie within the needs of the community. The proposed Nyanga Adult Day Care Centre is still pending and it is hoped that with more funding this vision will finally come to fruition late 2003. With this facility more members will be accommodated by the service. The Meals-on-Wheels service will still be available for those who cannot attend the Centre on a daily basis.

MANENBERG CENTRE managed by Cyril Pelston

“SHAWCO was once a beacon of hope to our community”

Dale Isaacs, former ballet parent

The main focus of the year under review was on consolidating our projects, marketing the Manenberg Centre and strengthening our community relations.

We focused on two key development projects, namely the performing and visual arts project, facilitated by UCT student volunteers and the Vroue Groei Saam vocational training project for young unemployed mothers, facilitated by the Centre Manager.

In addition to this we also started table tennis, karate classes and dance classes. We also hosted the launch of the Manenberg Youth Forum, participated in the urban renewal process through the Area Coordinating team (Act), Manenberg Economic Development Forum and participated in the Learning Cape Festival. Furthermore, the Centre also houses the Child Welfare Society, which provides family and child support services; Little Jewels crèche and the Caroline Senior Citizens club. The centre also serves as a pension and grants payout point and is also used for community functions over weekends. We plan to start a greening project, a sport development project in partnership with Manenberg Primary School and also a computer project in the near future.

Performing and Visual Arts Project

The ARTS project brings underprivileged youths together with UCT student volunteers from diverse (often international) backgrounds. The project's aim is empowerment through artistic creativity.

Participants choose between visual and performing art and work in senior (High School) and junior (Primary School) groups. Creativity is fostered by providing opportunities for artistic expression. Volunteers go out weekly to SHAWCO Manenberg and Kensington centres to facilitate creative workshops. Currently there are five groups each consisting of approximately twenty children and five volunteers.

An Arts' committee of experienced volunteers coordinates the project. In 2003 a comprehensive planning, monitoring and evaluation system was adopted. The project's next challenge is to apply SHAWCO's vision of integrated Youth Development and to seek sustainability through diversification and networking. Specifically this includes short-term objectives to integrate with SHAWCO's other student projects, to run a community needs' based talent competition, and to communicate effectively with other stakeholders.

Gilbert Pooley, Student Project Leader

Vroue Groei Saam

The Vroue Groei Saam project (**Women Grow Together**) started for the first time during the current year under review. Recruitment for the first phase of this project started in November 2002. This phase of the project started in December 2002 with three parenting skills workshops facilitated by Selfhelp Manenberg (a community NGO). Further self esteem workshops were held in January 2003. A total of 25 unemployed women received training in candle and soap making, sewing, Micro MBA business skills, photo framing and life skills.

Child Welfare Society was instrumental in referring a large number of trainees. The Micro MBA training course was done by Egbert Wessels from Selfhelp Manenberg's Healing Business. The sewing and candle-making module was facilitated by Arona Jansen. After completion trainees received their certificates and were assisted with job placements. Three of the trainees, Soraya Moos, Rozaan Burger and Faiza Lakay started their own Car Wash business. Another trainee, Sophia Vollenhoven is part-time employed as receptionist at the SHAWCO Manenberg Centre. In addition she also supervises the candle-making project together with Natasha Martin and Patricia Davids. They have entered into negotiations with UCT marketing department about selling candles to UCT students and staff.

Cyril Pelston, Manenberg Centre Manager

KENSINGTON CENTRE managed by Anwar Parker

Over the past year, the Kensington centre has made huge strides toward rebuilding and consolidating its relationships with the community. Ties with community structures have been strengthened through the formation of the Local Transformation Committee and the increasing number of joint initiatives with other service providers in Kensington. Highlights of the past year include a very successful Youth Day programme, the creation of indigenous gardens at the centre, and a definite increase in participants and activities during the school holidays.

The Centre is host to a variety of projects and aftercare programmes for children and youth to join. The Kenstep Project provides educational enrichment and life skills to primary school learners. The Community Histories Project engages high school youth in discussion and debate and teaches critical thinking and creative writing. The very successful performance and visual art projects also allow children to explore their talents and creates an ideal space for learning and self-expression. The Centre also runs holiday programmes, and sport and recreational activities such as soccer and table tennis. Our well-established Adult Day Care Centre offers a variety of activities for its

members and has become a vital part of their lives. Occupational therapy students from both UCT and UWC play an important role in running group and individual therapy for the members.

Several service providers are also housed in the Kensington Centre. PAWC renders the family and social welfare services, and provide counselling support and intervention. The Union of Jewish Women Crèche provides day-care and educational stimulation to 105 toddlers and preschool children. UCT also offers Legal Aid consultation on a weekly basis. Other services offered include home-based care training, pastoral counselling, HIV and TB support groups, a soup kitchen and an Advice office. The centre is equipped with a large community hall, which is used for a wide variety of events such as ballroom dancing, karate, aerobics classes, a softball club, a church band and a scouts group. With the harnessed strengths of the community, Community partnerships, UCT students and SHAWCO staff, the Kensington centre is growing from strength to strength.

KenSTEP Project

KenSTEP, a part of the STEP sector based in Kensington, has continued into its second year of operation with the energy and enthusiasm needed to lift a new project off the ground. Participation from the volunteers, the staff and the learner's themselves has proven the project's worth and has provided motivation for the continuation and expansion of KenSTEP in the years to come.

At the start of the year an out-of-their-depth committee came together to research and evaluate further sustainable expansion. The group of students put together a two-year plan aimed at the involvement of learners spread across socio-economic boundaries and the interaction of these learners with UCT students as positive role models. This interaction was to be carried out in both lesson scenarios and excursions. So far the plan is on track and can be seen in full in the KenSTEP logfram 2003.

The year has been filled with highlights but has also been scattered with obstacles and special comment should be made of our volunteers who showed initiative and patience in the times of misunderstanding.

2003 has been a very successful consolidation year for KenSTEP and has allowed the project to touch the lives of many underprivileged children.

Chris Haw, KenSTEP Student Project Leader

Performing and Visual Arts Project

The project also takes place in Manenberg under the student leadership of Gilbert Pooley.

Community Histories Project

The project also takes place in Khayelitsha under the student leadership of Alicia Louw.

Kensington Adult Day Care Club

Mrs Johanna Arendse has continued to lead the group, keeping the membership figures at 61, although not all attend daily. The highest number of attendees is on a Tuesday, which is the Club Day, where a special event is usually arranged. On a monthly basis a church service is held by one of the different neighbourhood churches. The spiritual life of the members is highly regarded as prayer and song makes up a big deal of the programme.

The third year occupational therapy students who were placed at the Centre treated many of the clients on an individual basis, assisting those to become more independent in their everyday life, which has ultimately brought about health and well-being.

More interaction within the community is expected in the coming year as well as a drive to attract more members. A partnership between SHAWCO and Mental Health is being concluded, where sufferers of this within the communities of Kensington and Facticeon will be included in the programme as well as a specific weekly group looking at their own needs. At the moment no services of any sort are available to these desperate persons.

OTHER PROJECTS

Elsies River Adult Day Care Club

The year has seen a wonderful increase in membership now totalling 80, the highest of any Adult Day Care Centre within SHAWCO. This has been mostly due to the exciting programme that has been presented by Mrs Rachel Pietersen, the convener under the guidance of the occupational therapist. Although some of the members have passed on, we have been fortunate to attract many new ones. This could also be due to the fact that one of the other community senior clubs disbanded and their members were left with no place to go. The group still meets weekly on Mondays and Wednesdays with tea and sandwiches being some of the highlights of the day. The Group should be expanded to fulfil the desperate need of a more daily Adult Day Care Centre Service within the community of Elsie's River. Many people within the community now locked up at home will then be able to socialize, interact with others, learn skills and receive tea and a sandwich on a daily basis.

Two executive members were fortunate to attend an arts and crafts workshop presented by CPOA. Many of the members have perfected their own skills through the guidance and support received from the staff of the project. These skills are crochet, knitting, sewing and beadwork making various objects/items for selling purposes. The Club does an enormous amount of fundraising to assist in making the programme a dynamic and appropriate service increasing the quality of life and wellness amongst all the club members. Transport is provided by SHAWCO from the members homes to the Club and return. Enjoyment is portrayed through the many positive comments received, the smiles on the faces, the hugs and kisses, while the attendance figures remain quite constant on a daily basis. **One Senior remarked that there was no place like SHAWCO, a home away from home!**

Golden Girls

Since becoming involved after the yearly Mobile Health Clinic at Golden Girls in August 2002, I have been able to see to some of the dire needs of these 55 abused and abandoned disabled children. Not only have we managed to place occupational therapy students of different years and from different backgrounds here, we have also obtained funding for wheelchairs, clothing and physiotherapy mats making a big difference to the lives of these unfortunate young people. We have also got some of the other projects involved in the caring of these children by prayer or by donation of clothing, toys and wooden blocks. The students have not only learnt about the different diagnoses that they treated but have learnt numerous things about themselves. As a student, one is always concerned with gaining the best practical experience and putting one's theory into practice that will enable one to become the best possible therapist. Working at Golden Girls not only provided the academic experience but the opportunity to grow as people and spiritual beings. All in all everyone has benefited from the experience: the many clients who are so in need of love, empathy and attention to their many health needs, the carers who care for these special children as if they were their own, the students who have grown considerably during their placements at this

centre and myself, knowing that something must be done to make their lives more enriched and satisfying.

Hanske Flieringa, Occupational Therapist

The Masizame Project

The last year has seen many changes in Masizame. At the end of 2001, due to lack of funds, Masizame's involvement with St. Michaels, a home for teenaged females, was to be ended. After letters from the girls and appeals from the staff, it was decided that St. Michaels would continue until mid-2002, at which time the question would be broached again. It is still running today, activities at the home ranging from 'cultural cooking' and decorating of the home's rooms, to career guidance sessions. Masizame's other two children's homes, Leliebloem and Annie Starck, have continued to attract a large amount of foreign student volunteers, promoting diverse cross-cultural exchanges in conjunction with the other life-skills taught, an incredibly beneficial experience for both learners and volunteers. The Sarah Fox Convalescent Home, which became part of Masizame in 2001, has become a mainstay of the project. 2002 saw a progression from the initial 'colouring-in activities' to the planting of a vegetable garden, the conducting of creative workshops such as instrument-making and t-shirt decorating, as well as fun, educational outings to the Planetarium, the South African Museum and the Aquarium. While the three children's homes have focussed primarily on life-skills, at Sarah Fox, the volunteers facilitate activities for children in wheelchairs, and ones suffering from burns and other ailments, promoting creative expression as a means to healing and rehabilitation.

Megan Voss, Student Project Leader

INCOME STATEMENT FOR THE YEAR ENDED 31 MARCH 2003

	2003	2002
Total Revenue	2,534,074	3,421,069
Total Expenditure	-3,889,606	-2,782,289
Net (Deficit)/Surplus before Exceptional Item	<u>-1,355,532</u>	<u>638,780</u>
Long Term Loan Written Off	-	177,000
Net Deficit after Exceptional Item	<u>-1,355,532</u>	<u>815,780</u>
Dividend Income	33,502	24,681
Interest Income	368,056	280,356
Interest Paid	-3,591	-4,515
(Deficit)/Surplus Funds Prior to Allocations	<u>-957,565</u>	<u>1,116,302</u>

Allocations from/(to) Project Funds	57,425	-983,207
Funds Received	-1,203,318	-983,207
Funds Spent	1,260,743	-
(DEFICIT)/SURPLUS FOR THE YEAR	R <u>-900,140</u>	R <u>133,095</u>

BALANCE SHEET AT 31 MARCH 2003

	2003	2002
ASSETS		
NON CURRENT ASSETS	3,666,127	3,666,040
Property, Plant and Equipment	1,681,343	1,681,256
Investments	1,984,784	1,984,784
CURRENT ASSETS	2,849,693	3,815,357
Inventories	70,965	81,696
Receivables and Prepayments	1,131,317	588,488
Cash at Bank and on Hand	1,647,411	3,145,173
	R <u>6,515,820</u>	R <u>7,481,397</u>
FUNDS EMPLOYED AND LIABILITIES		
RESERVES	4,458,509	5,416,074
Accumulated Funds	3,532,727	4,432,867
Project Funds	925,782	983,207
LONG TERM LIABILITIES	281,974	292,027
CURRENT LIABILITIES	1,775,337	1,773,296
Trade and Other Payables	1,630,096	1,668,224
Provisions	125,637	105,072
Bank Overdraft	19,604	-
	R <u>6,515,820</u>	R <u>7,481,397</u>

PROJECT FUNDS ANALYSIS FOR THE YEAR ENDED 31 MARCH 2003

2003

Wetlands Project	880,000
Opening Balance - National Lottery Distribution Trust Fund	880,000
Funds Received - SEM Charitable Trust	31,423
Funds Spent	-31,423
Visual Arts	-
Funds Received - National Lottery Distribution Trust Fund	65,704
Funds Spent	-65,704
Community Histories	-
Opening Balance - National Lottery Distribution Trust Fund	-119,936
Funds Received - National Lottery Distribution Trust Fund	54,232
- Nelson Mandela Children's Fund	50,265
Funds Spent	-224,433
Adult Day Care Club	-
Funds Received - Old Mutual Foundation	15,000
Funds Spent	-15,000
STEP	-
Funds Received - Diageo (UDV) Foundation	40,000
- Foschini Group	6,000
Funds Spent	-46,000
Community Health	-
Funds Received - Carl and Emily Fuchs Foundation	50,000
Funds Spent	-50,000
Manenberg Centre	2,852
Funds Received - First Rand Foundation	200,000
Funds Spent	-197,148
Masizikihulise	-
Funds Received - PAWC Department of Social Services	64,103
Funds Spent	-64,103
Vroue Groei Saam	-
Funds Received - PAWC Department of Social Services	64,103
Funds Spent	-64,103
Kensington Centre	10,101
Funds Received - National Lottery Distribution Trust Fund	254,000
Funds Spent	-243,899

KI Hall	-
Funds Received - Estate Late Donald de Beer	157,777
Funds Spent	-157,777
K2 Centre	32,829
Funds Received - National Development Agency	133,983
Funds Spent	-101,154
Balance at End of Year	R <u>925,782</u>

This year for the first time, Project Funds have been separately disclosed, for control purposes. The prior year balance of R983,207 was previously recorded as deferred revenue.

REVENUE AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2003

	2003	2002
REVENUE	2,534,074	3,421,069
Proceeds from RAG	613,139	676,081
Grants and Subsidies	285,289	270,672
Bequests	162,777	35,689
Donations and Fund-Raising	1,141,013	2,102,811
Insurance Proceeds	23,233	-
Fees for Services Provided	72,268	52,367
Rental Income	150,995	216,995
Income from Schemes	445,245	396,875
Cost of Goods Purchased for Resale	-359,885	-330,421
	401,558	482,037
Long Term Loan Written Off	-	177,000
Dividend Income	33,502	24,681
Interest Income	368,056	280,356
TOTAL REVENUE	<u>2,935,632</u>	<u>3,903,106</u>
EXPENDITURE	3,893,197	2,786,804
Advertising	10,033	4,549
Audit and Accounting Fees Provision - Current Year	45,000	39,000
- Prior Year	10,700	-
Bank Charges	21,756	13,014
Consulting Fees	-	2,000
Debts Written Off	43,926	4,763
Depreciation	152,084	83,310

Electricity and Water	89,886	81,289
Equipment Repairs and Rental	60,904	32,119
General Expenses	22,103	46,541
Interest Paid	3,591	4,515
Legal Fees	-	4,863
Postage and Telephone	156,821	105,461
Printing and Stationery	112,868	77,933
Project Costs	524,663	205,606
Public Relations	-	2,318
Repairs and Property Maintenance	297,043	90,666
Salaries and Wages	2,058,385	1,795,169
Remuneration	2,168,903	1,795,169
Less: Pension Refund	-110,518	-
Transport and Motor Vehicles Costs	283,434	193,688

NET (DEFICIT)/SURPLUS FOR THE YEAR R -957,565 R 1,116,302

REPORT OF THE INDEPENDENT AUDITORS TO THE BOARD OF MEMBERS OF THE UNIVERSITY OF CAPE TOWN STUDENTS' HEALTH AND WELFARE CENTRES ORGANISATION

We have audited the annual financial statements of the University of Cape Town Students' Health and Welfare Centres Organisation set out on pages 3 to 18 for the year ended 31 March 2003. These financial statements are the responsibility of the board of the organisation. Our responsibility is to express an opinion on these financial statements based on our audit.

SCOPE

We conducted our audit in accordance with statements of South African Auditing Standards. Those standards require that we plan and perform the audit to obtain reasonable assurance that the financial statements are free of material misstatement. An audit includes:

- examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements,
- assessing the accounting principles used and significant estimates made by management, and
- evaluating the overall financial statement presentation.

We believe that our audit provides a reasonable basis for our opinion.

QUALIFICATION

In common with similar organisations, it is not feasible for the Organisation to institute accounting controls over cash collections from donations prior to initial entry of the collection in the accounting records. Accordingly, it was impractical for us to extend our examination beyond the receipts actually recorded.

AUDIT OPINION

In our opinion, the financial statements fairly present, in all material respects, the financial position of the Organisation at 31 March 2003 and the results of its operations for the year then ended in accordance with

generally accepted accounting practice and in the manner required by the Companies Act, 1973.

SUPPLEMENTARY INFORMATION

The supplementary schedules set out on pages 19 to 24 do not form part of the annual financial statements and are only presented as additional information. We have not audited these statements and accordingly do not express an opinion on them.

BROWNE AND ASSOCIATES
REGISTERED ACCOUNTANTS AND AUDITORS
CHARTERED ACCOUNTANTS (SA)
CAPE TOWN

3 SEPTEMBER 2003