



UNIVERSITY OF CAPE TOWN

SHAWCO

THE STUDENTS' HEALTH AND WELFARE CENTRES ORGANISATION

ANNUAL REPORT 2007

The SHAWCO vision is to improve the quality of life of individuals in developing communities within the Cape metropolitan area.

SHAWCO Mission

As an innovative student community service organisation our mission is:

To promote the involvement of students and other members of the UCT community in:

Voluntary community service,
Experiential and community service learning,

Research that has a direct benefit to our partner communities,

in order to educate students for life.

To focus and build on community and individual strengths through the management of vibrant community centres and programmes in order to:

Educate young people for life,
Increase access to basic health care
Use strategic partnerships to assist people in developing communities to manage their own development.

Provide access to opportunities previously out of reach,
Effect a transfer of skill, knowledge and capacity,

We do this to address inequality and promote responsible citizenship amongst our volunteers and partner communities in our African context.

Board Members

Honourary Life President: Ms Graça Machel:

Name	Portfolio
Dr Johann Graaff	Chairperson (Vice Chancellor's Representative)
Varkey George	Director
Prof Leon Kritzinger	Honorary Treasurer
Prof Thandabantu Nhlapo	Deputy Vice Chancellor
Nick Friedman	Student President Education
Megan Borkum	Student President Health
Dimakatso Morebudi	Student Vice President Youth & Projects
Mfanelo Sobekwa	Health Student Representative
Lauren Losper	Student Youth Finance Representative
Steven Preston	RAG Chairman
Nicolene Ramsunder	Student representative
James Wilkinson	Student Representative
Nolwazi Mashego	Student Representative
Jonathan Parsonage	Student Representative
Jonathan Naude	Student Representative
Anthony Lindon	Student Representative
Frank Molteno	Auxiliary Member (UCT)
Anwar Parker	SHAWCO Staff Association Chairperson
Lara Hoffenberg	Community Representative (International Programmes)
Prof Peter Le Roux	Auxiliary Member (UWC)
Justin Ma	SRC
Janice McMillan	Auxiliary Member (UCT)

Chairman's Report

This year, SHAWCO celebrates 65 years of active service in the communities of Cape Town – 65 years which have seen much growth, much enthusiasm, dedication and commitment, as well as sharp and dramatic changes of direction. In 1943, a team of medical students started a clinic in the Windermere area (now Kensington & Facreton). During the 1960s, the Retreat and Elsie's River clinics were firmly incorporated into SHAWCO, a meals-on-wheels programme was initiated (the first to be established in South Africa) and a Community Hall was built in Windermere. In 1968, Derek Livesey was appointed as Warden to succeed Mr Matthews on his retirement. During Derek Livesey's time, SHAWCO became an extended welfare organisation. It employed a large team of professional welfare workers whose main task was community relief work.

That all changed with the passing of Derek Livesey and the dawning of a new era in South African politics. Dr Ivan Toms succeeded Derek Livesey as Director of SHAWCO in 1993. The team of social workers disappeared and the focus changed to primary health care and youth development, and again (from the latter) under the careful hand of current director, Varkey George, to where we are today focused on education. Today, returning to the original vision of a student-run, volunteer-driven organisation, SHAWCO students now run 6 weekly clinics, a monthly paediatric clinic and 14 education programmes in over 10 communities in the Cape Metropole. SHAWCO has shifted very substantially over the years in response to new situations and new demands. Each change has brought new challenges and the need to develop expertise and professionalism.

And this is still today what taxes our minds: how to develop a professional service to less privileged communities. Professionalism might seem an obvious principle, but we should remember that SHAWCO has the unusual attribute of being a volunteer organisation. It relies on its major inputs from students who do not get paid, nor do they get academic credits, for their work. It is an exercise of considerable altruism. The perennial conundrum for SHAWCO's organisation then is, and always will be, how to combine volunteerism with professionalism, how to insert students whose stay in SHAWCO is temporary, into a framework which guides them to deliver a service of some permanent quality. With each new shift in policy that puzzle raises its head anew.

Within the present and quite recent policy of youth education, that puzzle has been working itself out in interesting ways. In the early days of the education project, so the story goes, students used to sit on the bus going out, saying, "OK, what shall we teach today?". It was probably not that bad, but it gives an idea of the arbitrariness that goes with volunteerism. Today, we have a set curriculum printed in book format which students use to back up what those teachers do. We have professional curriculum designers who advise on this curriculum. We have contracts with learners' parents supporting their class attendance.

We still have a lot to learn about this phase of our development, but this is what flexible and agile organisations do.

Dr Johann Graaff | Chairperson of SHAWCO Board

Director's Report

In a world of super-specialisation, organisations identify their core competencies, discard activities that are not performing well and strive to do better at what they are good at.

The constant need within SHAWCO to find our niche in society leads us through a consistent process of introspection to identify our core strengths and match those to existing, community-identified needs. Of course, our most unique strength is the large number of student volunteers who are willing to provide manpower. SHAWCO's task, then, is to harness this strength and match it to community needs. We agreed that we would focus on health and education. Thus SHAWCO found a clear trajectory to move towards. Students have then, through the years, improved on and expanded the services they provide, guided and mentored by the Board and staff.

2007 also saw the coming to fruition of our Internationalisation and self sustainability plans. SHAWCO International hosted three American and two European universities who participated in our service-learning programs during the UCT holidays and contributed financially towards our striving for self-sustainability. There are eight such programs planned for 2008. This is an area that we will expand in the future as it benefits our learners by providing holiday classes, SHAWCO benefits financially and the international students are exposed to the developing world and are awarded credits by their home universities.

SHAWCO Enterprise received the Board's mandate to further investigate the possibility of establishing a private company that would generate income for SHAWCO, through providing transport services to UCT and other community organisations. This unit will also explore other income generating opportunities. Mother SHAWCO will retain its Non Profit status while SHAWCO Enterprise, the for-profit company, will generate income.

We move with a single-minded purpose. Through determination, commitment, continuous assessment, transparent management and - most of all - trust, obstacles make way for success. This means striving to create an organisation that is accountable, committed and sustainable, achieving all this through mutual respect.

By so doing, SHAWCO keeps sending out to the world, as it has done for sixty five years, social entrepreneurs who will keep chipping away at social problems in the many spheres and fields they find themselves in – people who are equipped to do so because they were once SHAWCO-ites.

SHAWCO Staff Members 2007

Name	Position	Centre/Location
Varkey George	Director	Head Office
Wendy Cornelius	International Programmes	Head Office
Debbie Lodder	Finance	Head Office
Wendy Lewin	PR & Health Coordinator	Head Office
Lana Sassman	Office Administrator (as of April 2007)	Head Office
Leanne Baguley	Education Sector Coordinator (until March 2007)	Upper Campus Student Office
Jonathan Hoffenberg	Education Sector Coordinator (as of April 2007)	Upper Campus Student Office
Zanele Lupondo	Office Administrator	Upper Campus Student Office
Anwar Parker	Centre Manager	Kensington Centre
Chantelle Williams	Administrative Assistant (until December 2007)	Kensington Centre
Tommy Fester	Caretaker	Kensington Centre
Cyril Pelston	Centre Manager	Manenberg Centre
Eunice Alexander	Centre Manager	Nyanga Centre
Lizzie Gundwana	Centre Manager	Golda Selzer Community Health Centre
Nosipho Waqu	Centre Manager (as of April 2007)	Khayelitsha Education Centre (K2)
Nosipho Dyonashe	Librarian (2007) & Acting Centre Manager (until April 2007)	Khayelitsha Education Centre (K2)
Ernest Mazwi	Caretaker	Khayelitsha Education Centre (K2)
Cecil Constant	Transport Manager	
Leonard Sauls	Driver	
Joachim Sadam	Driver	
Sipho Mpepho	Driver	

SHAWCO Education Report

2007 saw numerous firsts across the new SHAWCO Education sector, despite some substantial challenges.

Projects (regular programmes) are the exciting engines that drive Education. In 2007, HEART, the new HIV & AIDS and lifestyle choices project, was launched at a very successful event in Khayelitsha, where talented SHAWCO learners performed poems and songs they had written themselves. Masizikhulise was comprehensively recreated as an award-winning entrepreneurship, employment skills and social responsibility programme for young adults. The project won an HSBC/PEN financial literacy award (which took the project leader to an international conference in the USA); was featured in the Annual UCT Social Responsiveness Report; and collaborated with and was endorsed by the Raymond Ackerman Academy of Entrepreneurial Development (at the Graduate School of Business). Masifundisane was also substantially revised to provide excellent academic support in geography and exciting environmental awareness activities, anchored throughout by superb new curricula in these areas. SMART, the senior academic tutoring project founded in 2006 (as the flagship of the new "All-round Education" strategy) extended operations to Kensington and to grade 11s in Khayelitsha. Similarly, the Holiday Project (founded 2006), with volunteers from American universities, ran more successfully and for a longer time with more participants. A Winter School was run for the first time in the July holidays, where staff and students from UCT tutored over 300 Matric learners from 5 High Schools in Khayelitsha in the run-up to their mock matric exams. The Sports project (also founded 2006) ran quarterly "games weeks" in which budding young SHAWCO sports-players from 3 communities were brought to UCT to compete with each other. And also in 2007, intelligent financial planning led to junior-, intermediate- and senior-level leadership camps for SHAWCO participants, bringing together learners from across communities and cultures.

The quality and effectiveness of Education's activities was improved by the development and/or consolidation of projects' curricula in bound manual form; the introduction of a participant database (for monitoring purposes); and the provision of healthy snacks to participants (since research reveals that hungry learners can't learn).

Projects were additionally supported - (and communication improved) by pairing steering committee members with projects as dedicated project mentors. A comprehensive volunteer training programme (including materials) was developed using education expertise and student leaders' experience and project committee members were themselves trained to facilitate this programme. A training portfolio was also added to the steering committee for 2007-2008 to provide dedicated support and development in this critical area.

In 2007, as has become truly traditional, a number of Education student leaders won prestigious awards, including a Rhodes scholarship, a Mandela Rhodes scholarship, the Richard Luyt scholarship and appointment as a clerk to a Constitutional Court judge. An Education sector student leader again walked away with the "Best student leader in community development" award, which is increasingly (though unofficially) known as the "SHAWCO award". These awards clearly testify to the value of the student leadership experience provided by SHAWCO Education; and they indicate the quality of student leader which Education attracts.

Finally, in Education staff news, a new education sector co-ordinator (doubling as operations manager) and Khayelitsha centre manager were appointed and have already delivered many months of hard work.

2007 revealed the opportunities and obstacles inherent in the Education sector's strategic decision (taken in 2006) to focus explicitly on Education. It was a year of hard thinking and many exciting, innovative and promising ideas. It was a year that again reminded SHAWCO Education of the importance and value of student energy and effort. And 2007 was a year that reminded the SHAWCO family that with commitment, co-operation and careful thought from all staff and students, SHAWCO Education will always get better at dealing with the fundamental and systemic challenges that remain in South African education.

Thank you again, from all of us, to the volunteers, committee members, staff, board members and all other parts of the local and global SHAWCO community who work in, live for and love this organization and the communities we serve. We promise to work smarter and do better in the coming year.

SHAWCO Education Projects

STEP	Tutoring in Maths, English, Lifeskills	Grades 3 - 7	Khayelitsha Centre	3 sessions per week
Stepping Out	Tutoring in Maths, English, Lifeskills	Grades 8 & 9	Khayelitsha Centre	2 sessions per week
SMART	Tutoring in Maths, English, Science	Grades 10 & 11	Khayelitsha Centre	5 sessions per week
Masifundisane	Tutoring in Environmental Science & Geography	Grades 11 & 12	Khayelitsha Centre	3 sessions per week
IT	Tutoring in Computer Skills	Grades 8 & 9	Khayelitsha Centre	5 sessions per week
Holiday Project	Fun-based learning!	Grades 6-9	Khayelitsha & Kensington Centres	2 weeks per year
KenStep	Tutoring in Maths, English, Lifeskills	Grades 3-7	Kensington Centre	2 sessions per week
S.O Live and Learn	Tutoring in Maths, English, Lifeskills	Grades 8 & 9	Kensington Centre	2 sessions per week
KenSMART	Tutoring in Maths, English, Science	Grade 10	Kensington Centre	3 sessions per week
Masizikhulise	Training in Business Entrepreneurial Employment skills, IT and community responsiveness	Out of school, unemployed young adults	Nyanga Centre	8 sessions per week
Sports	Training in Soccer, Netball, Hockey, Gymnastics	Grades 3-9	Khayelitsha, Nyanga and Manenberg Centres	6 sessions per week
Arts	Sessions in performing and visual arts	Grades 3-12	Khayelitsha, Kensington and Manenberg Centres	6 sessions per week
HEART	HIV Peer Education	Grades 10-12	Khayelitsha & Kensington Centres	4 sessions per grade
Masizame	Tutoring in Maths, English, Lifeskills	Grades 3 - 12	St George's Home for Girls, SOS Children's Village, Leliebloem Children's Home	5 sessions per week

SHAWCO Education Steering Committee

Nick Friedman	President
Dimakatso Morebudi	Vice President and Project Coordinator
Astrid Gordon	Human Relations
Eleanor Khupe	Events & Marketing
Kate Orkin	Project Coordinator
Lauren Losper	Finance
Ferron Pedro	Curriculum
Emma Webber	Curriculum
Jonathan Hodgson	Evaluation

SHAWCO Health Report

Once again, 2007 has been an extremely successful year for SHAWCO Health thanks to all the student volunteers (both local and international), the doctors involved in the clinics, the clinic heads, their committees, the steering committee and the SHAWCO staff.

The 7 clinics went out most weeks and were generally successful, with over 200 volunteers as well as many international student volunteers. Thousands of patients, (both adults and children) were seen and treated or referred appropriately. New projects from 2006 were also successfully continued and improved upon. For example, the paediatrics clinic in Hout Bay flourished and gained an increasing amount of support from the community over the year.



With the help of Wendy Lewin, a constant source of encouragement and expertise, we liaised and established partnerships with two new major funders: GrandWest Corporate Social Investment and MWeb. R8.3 million for the SHAWCO Health Sector from GrandWest CSI will ensure that the Health Sector is extremely well-funded for the next 3-5 years. Existing clinics are being re-furbished and a new paediatrics-specific mobile (which will have a focus on health promotion, early identification of risk and education) has been planned and is currently under construction. The project will start at the beginning of 2008 with full support by both the Paediatrics and Family Medicine Departments at UCT. At the Golda Selzer Community Health Centre, SHAWCO and the School of Health & Rehabilitation Sciences at UCT will be offering Health and Rehabilitation services to the Khayelitsha community, including a specialised Cerebral Palsy clinic for children in partnership with the Red Cross Children's Hospital. MWeb has kindly contributed R260 000 towards the funding of this project.

SHAWCO Health also partnered with WREMS (Waiting Room Education by Medical Students) – another project involving UCT volunteers – to deliver health promotion services to the people accessing the SHAWCO Clinics. With a dedicated team of student volunteers, WREMS circulated through three of SHAWCO Health's 6 general clinics, offering information on a wide range of health issues – from chronic lifestyle disorders such as diabetes and hypertension to the correct way to use asthma pumps – to those people waiting for consultation. Anecdotal evidence suggests that patients who are armed with more information take a more proactive role in their own health and may even request certain tests or more information during the consultation session because of what they have heard through the WREMS project. We are very excited to see this partnership grow in the coming years.

During 2007, the SHAWCO Health Steering Committee responded pro-actively to the needs of the SHAWCO volunteers and to organisational aspects which had been neglected in SHAWCO Health's operations. For example: clinic heads were continuously frustrated that the clinic equipment, shared amongst all the clinics, was often misplaced or broken. The Clinics portfolio responded to this need by organising individual clinic boxes with equipment and books so that each clinic would be well stocked. First aid cases were also purchased. The funding for this was obtained in part from the Shoprite Community Network Competition in July where R10 000 was won for the clinics. This money was used on the clinic boxes as well as other supplies for the clinics. As a follow-up to SHAWCO Health winning this competition, we were also given valuable airtime in a radio interview which was held on Good Hope Fm about SHAWCO Health's services.

Other steering committee activities and developments included: the beginning of the development of a data base in order to capture accurate clinic statistics, creating and printing labels for all the drugs dispensed on the clinics, creating a new storage facility on campus for the clinic medication and the organisation of many successful functions such as the Netcare 'thank you' function for last year's funding.

In 2008, under the leadership of Britta McLaren, we look forward to further developing our partnership (established firmly this year) with Ivan Toms and the Department of City Health. Wendy Lewin, who has been appointed as the staff member specially designated to health, will allow for smooth and professional running of the sector. Both of SHAWCO Health's existing mobile clinics will have been re-furbished and modernised over the December holidays, giving students and patients something to be proud of in the New Year!

Megan Borkum | SHAWCO Health President - 2007

SHAWCO Health Clinics:

New Rest Clinic (Gugulethu)	Monday nights
Simthandle Clinic (Khayelitsha – Golda Selzer CHC)	Monday nights
Browns' Farm Clinic	Tuesday nights
Noordhoek Clinic (Masiphumelele)	Tuesday nights
Joe Slovo Clinic (Milnerton)	Wednesday nights
Zibonele Clinic (Khayelitsha)	Wednesday nights
Paediatrics Clinic (Imizamo Yethu)	Saturday mornings (monthly)



SHAWCO Health Steering Committee 2007:

Megan Borkum	President
Mfanelo Sobekwa	Head of Clinics
Nisha Jacob	Vice Head of Clinics
Thandi de Wit	Student & Marketing Portfolio
Janine Valley	Events Organiser
Stephan Kruger	Project Coordinator
Britta McLaren	Co-Project Coordinator
Sharika Raga	Project Evaluator



SHAWCO International Report

SHAWCO International was started for 3 purposes:

1. To provide better continuity of services to our communities by "filling the gap" while UCT students are on vacation
2. To expose international students to development issues through service-learning and research in a safe programme
3. To generate income for SHAWCO in order to make the organisation financially self-sustainable

Over the years it has grown to such an extent that it now warrants its own sector report in the Annual Report.

During 2007, SHAWCO saw five international University groups pass through a variety of programmes while relationships were established with six other Universities who will be sending their students in 2008.

With the help of the International Academics Programmes Office (IAPO) at UCT, Wendy Cornelius was awarded a staff exchange to Emory University in Atlanta. On her way to the USA, Wendy also visited the Amiens College of Business and set up a programme which will take place in early 2008. Her time in the States was used to set up the orientation programme for 19 students who arrived in South Africa during June for a 5 week programme. During their time in South Africa, the students, along with 3 "harbinger" students from Tulane University participated in a three-pronged programme:

- an academic lecture series in Global Health issues,
- service learning – consisting of running a holiday programme for Grades 6 & 7 learners in Kensington and
- site seeing!

During this time, 6 students from Arcadia University were completing a 6-week academic course in Social Development as well as running a holiday programme for learners in Grades 8 & 9 in Khayelitsha. On top of this, the students from all 3 USA universities also ran a computer training course in Khayelitsha for unemployed adults – a most rewarding experience for everyone concerned.

In late July, 11 students from Leeds University arrived to spend 3 weeks volunteering through SHAWCO structures. Through the various SHAWCO centres, a group of medical students offered first aid training to adults from the communities of Nyanga, Khayelitsha and Kensington during the week and to High School learners on Saturday mornings, as well as helping out on SHAWCO's clinics in the evenings. The non-medical students in their group ran a visual arts programme with children at the Golda Selzer Community Health Centre in Khayelitsha, and slotted into the KenStep and Sports programmes run by our SHAWCO volunteers.

November saw the arrival of Sheffield University for the fourth year in a row. Once again, numbers grew, with an increase from 6 to 14 students. All Occupational Therapy students, the students were based at the Golda Selzer Community Health Centre where they carried out research into various health-related issues in the communities.

All in all, the international programmes contributed R378 236 to SHAWCO's self-sustainability fund and, through the holiday and training programmes, provided SHAWCO's beneficiaries with more continuous services than have been possible through normal SHAWCO volunteers. We look forward to 2008 when we will be able to welcome students from Amiens College of Business, the University of Oslo, Stanford University, the College of William and Mary, Vander Bilt University and Mercer University as well as Arcadia and Sheffield Universities.

SHAWCO Centres

SHAWCO's Centres in Kensington, Nyanga, Manenberg and Khayelitsha (Education Centre and the Golda Selzer Community Health Centre) continue to offer a range of services to the community through partnerships with NPOs and other service delivery units.

The three Seniors Clubs in Kensington, Nyanga and the Golda Selzer Community Health Centre continue running with the support of SHAWCO staff members. UCT Occupational Therapists also offer curriculum-based services from these three centres, working with both the seniors' clubs as well as other groups and individuals in need of therapy.

In 2007, through the generosity of the Ernest E. and Brendalyn Stempels Foundation, SHAWCO was able to commence building a computer centre in Manenberg which will be used by the local primary school in the mornings, SHAWCO projects in the afternoon and community members who will attend computer training courses in the evening. At the end of 2007, the Rhodes Scholarship Southern African Fund came on board to fund the networking and internet connection of this computer room, while the Primary School had secured a donation of the computers. We look forward to the completion and operation of this centre in 2008.

Students' Health & Welfare Centres Organisation Financials

The Trustees are pleased to report another successful year during which SHAWCO benefitted from numerous generous donations allowing it to continue to meet its objectives mainly through its outreach projects.

Detailed below are the summarised Balance Sheet, Income Statement and Schedule of Major Donors.

Signed audited Annual Financial Statements are available at SHAWCO Head Office.

Students' Health & Welfare Centres Organisation Balance Sheet at 31 December 2007

ASSETS	Notes	2007	2006
NON CURRENT ASSETS		5,205,509	4,703,273
Property, Plant and Equipment	2	7	5
Investments	3	5,205,502	4,703,268
CURRENT ASSETS		7,571,097	5,692,802
Inventories	4	56,739	40,950
Accounts and Other Receivables		1,588,773	2,721,724
SA Revenue Services - VAT		19,237	40,118
Cash and Cash Equivalents		5,906,348	2,890,010
		R 12,776,606	R 10,396,075
RESERVES AND LIABILITIES			
RESERVES		5,604,550	4,901,541
DISTRIBUTABLE RESERVES		2,383,832	2,183,057
Accumulated Funds		(377,272)	267,040
Project Funds		2,761,104	1,916,017
NON DISTRIBUTABLE RESERVES			
Revaluation Reserve		3,220,718	2,718,484
LONG TERM LIABILITIES			
Long Term Borrowings	5	127,931	169,051
CURRENT LIABILITIES		7,044,125	5,325,483
Accounts and Other Payables		6,966,614	5,114,665
Accruals	6	77,511	210,818
		R 12,776,606	R 10,396,075

Students' Health & Welfare Centres Organisation Income Statement for the Year Ended 31 December 2007

	Note	2007	2006
Total Revenue		5,696,921	3,762,895
Total Expenditure		(6,021,306)	(5,355,595)
(Deficit) before Dividends and Interest Income		(324,385)	(1,592,700)
Interest Income			
Other Income	9	526,408	355,402
Interest Paid		(1,248)	(44,236)
SURPLUS/(DEFICIT) FOR THE YEAR		R 200,775	R (1,281,534)

Students' Health & Welfare Centres Organisation Major Donors for 2007

SHAWCO would like to thank UCT RAG for its generous support, as well as other donors including the following:

	2007
	R
FNB Fund	262,500
Ernest E. and Brendalyn Stempel Foundation	287,488
John William Day Fund	71,764
Monika Roell	120,000
Ralph Stephan Nussbaum Trust	50,000
Pinelands Development	20,000
Foshini	30,000
Grandwest Corporate Social Investment	2,405,604
MWEB	260,000
Shoprite	10,000
RSSAF	17,903